



Rochester Area Sports Banquet – Rochester, Minnesota
Award Finalists & Winners – 2005-Present

Amateur Sports Organization of the Year

2010 Amateur Sports Organization of the Year:

Rochester Softball Association
Rochester Honkers – Baseball
Rochester Area Lacrosse
***Southeast Minnesota Wrestling Coalition (SEMWREC)**
Rochester Quarterbacks Club

2009 Amateur Sports Organization of the Year:

Rochester Ice Hawks
Rochester Youth Soccer Association
Rochester Honkers
Rochester Orcas Swim Club
***Rochester Community Youth Basketball Assoc.**

2008 Amateur Sports Organization of the Year:

***Minnesota Ice Hawks – Hockey**
Rochester Youth Soccer Association
Rochester Royals – Baseball
Rochester Figure Skating Club
Rochester Track Club

2007 Amateur Sports Organization of the Year:

Minnesota Ice Hawks – Hockey
The Clash – National High School Wrestling Duals
Rochester Area Disabled Athletics & Recreation (RADAR)
***Rochester Youth Football Association**
Med-City Marathon

2006 Amateur Sports Organization of the Year:

Minnesota Ice-Hawks – Hockey
***Rochester Honkers – Baseball**
Rochester Softball Association
Rochester Youth Hockey Association
Rochester Youth Soccer Association

2005 Youth Sport Organization of the Year:

Rochester Youth Volleyball Association
Rochester Youth Basketball Association
***Rochester Youth Baseball Association**
Rochester Youth Football Association
Rochester Youth Hockey Association

Amateur Team of the Year

2010 Amateur Team of the Year:

Bulldogs Boys Basketball - Plainview-Elgin-Millville
Eagles Girls Tennis - Rochester Lourdes
Yellowjackets Men's Basketball – RCTC
Cobras Football – Triton
***Eagles Football - Rochester Lourdes**

2009 Amateur Team of the Year:

Bulldogs Boys Basketball – Plainview-Elgin-Millville
Komets Football – Kasson-Mantorville
***Yellowjackets Women's Basketball – RCTC**
Rockets Girls Basketball – Rochester JM
Bulldogs Boys Cross Country – P-E-M

2008 Amateur Team of the Year:

Spartans Boys Basketball – Rochester Mayo
Eagles Girls Tennis – Rochester Lourdes
Yellowjackets Women's Basketball – RCTC
Panthers Boys Swimming – Rochester Century
***Spartans Girls Tennis – Rochester Mayo**

2007 Amateur Team of the Year:

Spartans Boys' Tennis – Mayo High School
Wildcats Football – Goodhue High School
***Yellowjackets Football – RCTC**
Panthers Boys' Hockey – Century High School
Spartans Girls' Swimming – Mayo High School

2006 Amateur Team of the Year:

***Cobras Football – Triton High School**
Eagles Girls' Tennis – Rochester Lourdes High School
Rochester Honkers – Baseball
Tigers Volleyball – Stewartville High School
Yellowjackets Men's Basketball – RCTC

2005 Amateur Team of the Year:

Bulldogs Girls Basketball – Elgin-Millville
Eagles Boys Golf – Rochester Lourdes
Panthers Boys Hockey – Rochester Century
***Eagles Girls Tennis – Rochester Lourdes**
Eagles Girls Basketball – Rochester Lourdes



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Coach of the Year

2010 Coach of the Year:

***Mike Kesler - Rochester Lourdes Football**

Brian LaPlante - RCTC Men's Basketball

Jon Vik - Rochester Century Football

Deb Frederick - Rochester Mayo Volleyball

Paul Bachman - Rochester JM Swimming

Lifetime Achievement Award:

Lorne Grosso – Rochester Mayo Boys Hockey

2009 Coach of the Year:

Kirk Thompson – PEM Boys Basketball

***Steve Hucke – RCTC Women's Basketball**

Aaron Johnston – SDSU Women's Basketball

Jane Krier – Byron Volleyball

Terry Heiderscheidt – Roch. JM Girls Basketball

Lifetime Achievement Award:

Doug Hudson – Rochester Lourdes Baseball

2008 Coach of the Year:

Nick Fatis – MN Ice Hawks Hockey

***Kevin Rust – Lourdes Boys & Girls Tennis**

Dale Magnuson – Century Swimming

Deb Frederick – Mayo Girls Volleyball

Dave Edwards – Mayo Girls Tennis

Lifetime Achievement Award:

Bill Sutter – Goodhue Wrestling

2007 Coach of the Year:

Nick Fatis – MN Ice Hawks Hockey

John Dzubay – Stewartville Girls' Volleyball

***Brad LaPlante – RCTC Football**

Mike Kesler – Rochester Lourdes Football

Kirk Thompson – PEM Boys' Basketball

2006 Coach of the Year

Greg Labbe – Rochester Honkers Baseball

John Dzubay – Stewartville Girls' Volleyball

Kevin Rust – Rochester Lourdes Girls' Tennis

Paul Spafford – Dover-Eyota Boys' Basketball

***Tom Murphy – Rochester Lourdes Boys' Golf**

2005 Coach of the Year:

John Dzubay – Stewartville Girls Volleyball

***Myron Glass – Lourdes Girls Basketball**

Bill Ihrke – Plainview-Elgin-Millville Football

Kevin Rust – Rochester Lourdes Girls Tennis

Tom Murphy – Rochester Lourdes Boys Golf

Female Athlete of the Year

2010 Female Athlete of the Year:

Laura Melquist - Rochester Lourdes Basketball

Kelsey Frechette - Rochester Century Tennis

Brittney Looker - Rochester Mayo Volleyball

***Julia Hirssig - UW-Stout Basketball (Mayo)**

Jessica Aney - Rochester Century Tennis/Hockey

2009 Female Athlete of the Year:

Anne Breland – RCTC Women's Basketball

Rachael Click – Gustavus Adolphus Softball (Mayo)

Julia Hirssig – UW-Stout Basketball (Mayo)

Mary Grace Flesher – Roch. Mayo Soccer/Hockey

***Maggie McNamara – Concordia-St. Paul Volleyball (Z-M)**

2008 Female Athlete of the Year:

***Alexa Palen – Rochester Lourdes Tennis**

Jenny Shaughnessy – U of M Swimming (JM)

Steph Brandt – Century Soccer

Maggie McNamara – Concordia-St. Paul Volleyball (Z-M)

Anne Breland – RCTC Basketball (Lourdes)

2007 Female Athlete of the Year:

Alexa Palen – Rochester Lourdes Tennis

***Jenny Shaughnessy – U of M Swimming (JM)**

Lin Gentling – Marathon Runner

Emily Rogers – Rochester Century Tennis

Tess Hanson – Rochester Mayo Soccer

2006 Female Athlete of the Year:

Jenny Shaughnessy – Rochester JM Swimming

***Kristi Boese – Rochester Mayo Basketball**

Kate Trenerry – Rochester Century Soccer

Leigh Splittstoesser – Stewartville Basketball, Volleyball

Molly Noser – Rochester Lourdes Golf & Tennis

2005 Female Athlete of the Year:

Chelsey Turner – Rochester Lourdes Soccer

Anne Breland – Rochester Lourdes Basketball

Jenny Shaughnessy – Rochester JM Girls' Swimming

Karolina Haroldsdottir – Mayo Basketball, Soccer, Track

***Katie Ohm – Elgin-Millville Basketball**



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Male Athlete of the Year

2010 Male Athlete of the Year:

Aaron Senne - Univ. of Missouri Baseball (Mayo)
Ben Kopecky - Rochester Lourdes Tennis
Isaac Odum - Univ. of MN-Duluth Football (Century)
Joe Clark - Augustana College Football (Century)
***Adam Lentz - Rochester Lourdes Football**

2009 Male Athlete of the Year:

***Tyler Cain – Univ. of South Dakota Basketball**
Chris Paradise – K-M Football, Basketball & Baseball
David Johnson – Winona State Basketball (Hayfield)
Ben Kopecky – Rochester Lourdes Tennis
Kendrick Bachman – JM/U of WY Swimming (JM)

2008 Male Athlete of the Year:

Vince Herring – Swimming
Jason Rhoten – Minnesota State Univ. Wrestling (K-M)
Jordan Hicks – Loyola Basketball (Mayo)
Aaron Senne – U. of Missouri Baseball (Mayo)
***Alex Kangas – U. of Minnesota Hockey (Century)**

2007 Male Athlete of the Year:

Mike Schmitz – Stewartville Wrestling
Tyler Sherden – Luther College Football (JM)
***Matt Penz – St. Olaf College Football (Mayo)**
Mario Butler – Rochester Mayo Football
Barret Anderson – UNI Football (Rochester Mayo)

2006 Male Athlete of the Year:

Bayode Adafin – Rochester Lourdes Boys' Soccer
***Karl Erickson – Rochester Century Boys' Track & Field**
Mike Sherels – Rochester JM Football
Mike Torchia – Rochester Lourdes Boys' Track & Field
Pete Gilman – Byron Cross Country – Marathon

2005 Male Athlete of the Year:

***Mike Torchia – Lourdes Cross Country and Track**
Dan Lyons – Rochester Century Baseball
Joe Clark – Rochester Century Football
Alex Kangas – Rochester Century Hockey
Travis Meiners – Dover-Eyota football, basketball and baseball

Adaptive Athlete/Team of the Year

2010 Adaptive Athlete/Team of the Year:

Southeastern MN Miracle League (Baseball/Softball)
Matthew Copler - Special Olympics
Hawk Beaugard - Rochester Raiders
***Nate Sorenson - Rochester Raiders**
Conor Jones - Rochester Raiders

2009 Adaptive Athlete/Team of the Year:

Southeastern MN Miracle League (Baseball/Softball)
***Rochester Shining Stars – Cheer Team**
Maynard Read – Wheelchair Racing
Rochester Special Olympics – Basketball
Rochester Raiders – Adaptive Floor Hockey

2008 Adaptive Athlete/Team of the Year:

Southeastern MN Miracle League – Softball/Baseball
Rochester Shining Stars – Cheer Team
***Andrew Watts – Rochester Raiders**
Rochester Special Olympics Basketball Team
Matthew Copler – Rochester Raiders, Special Olympics

2007 Adaptive Athlete/Team of the Year:

Shining Stars Cheer Team
***Rusty Hagan – Rochester Raiders**
Rochester Raiders – Adaptive Floor Hockey
Deb Stennes – Special Olympics Basketball
Torin Roberts – Special Olympics

2006 Adaptive Athlete/Team of the Year:

Anne MacGillivray – Special Olympics
Deb Vosler – Dover-Eyota Volleyball
***Erikka Giere – Special Olympics**
Greg & Sue Townsend – Rochester Youth Adaptive Baseball
Matt Koplner – Rochester Raiders

Amateur Sports Lifetime Achievement Award

2010 – Ken Johannson
2009 – Mike Carroll
2008 – Bob Brown
2007 – Kerwin Englehart
2006 – Roy Sutherland
2005 – Kak & Dewey Johnson